# At Ealing Physio we treat many conditions including

- Low back pain with or without Sciatica
- Neck and upper back / Thoracic pain
- Whiplash injury
- Shoulder Impingement
- Repetitive Strain Injury
- Tendon Pain & Injury
- Tennis Elbow
- Golfer's Elbow
- Hip bursitis
- Hamstring and calf strain
- Knee Injuries
- Plantar Fasciitis
- Ankle sprain
- Shin Splints
- Arthritis
- Sports injuries
- Vestibular rehabilitation
- Post Spinal and Orthopaedic Surgical rehabilitation
- Post ACL / Meniscal/ ligament reconstruction
- Post Knee and Hip Replacement rehabilitation
- Post Shoulder surgery rehabilitation
- Rotator cuff / Labral repairs
- Frozen shoulder and post capsular release surgery
- Post fracture rehabilitation
- Neuro & Elderly rehabilitation Home visits
- Falls Prevention
- Postural/Core Stability training
- Complex Regional Pain Syndrome (CRPS)
- Pregnancy related back pain (PGP)
- Work station assessments

#### Contact us

- 😢 66-68, South Ealing Road, W5 4QB
- Sigar 1887 Sigar S
- 🛛 reception@ealingphysio.co.uk
- www.ealingphysio.co.uk
  White appointment booking is available



Easily accessible via train, bus or car Bus: 65 stops at Lothair Road or South Ealing station Underground Tube: South Ealing or Ealing Broadway Car: Paid parking available nearby

#### EVERY EFFORT IS MADE TO GIVE YOU AN APPOINTMENT THE SAME DAY

Designed by www.mikegomes.co.uk



#### Keeping You Active

### A Specialist Neuro-Musculoskeletal, Spinal Pain and Sports Injury Clinic



We assess and treat using the best evidence-based 'hands-on' therapy and provide you with the right exercises and rehab prescription

Our clinic and clinicians are registered with all major private insurance companies

All our physiotherapists are CSP & HCPC registered

Call 020 8847 1887 or book an appointment online at www.ealingphysio.co.uk



"Since its inception in 1990, our goal has remained simple. We take great pride in our approach and we aspire to remedy the underlying cause of your condition and not just the presenting symptoms. This in-depth understanding has been the key for successful treatment outcomes. We aim to provide you with self-treatment tools and help you prevent recurrence of the problem."

Team Ealing Physio

## CALL US ON 020 8847 1887 WWW.EALINGPHYSIO.CO.UK



## Ultrasound imaging and guided injection therapy

- Real time ultrasound scanner state of the art machine for muscle retraining, monitoring of recovery and supplementation of clinical diagnosis
- Below is a shoulder ultrasound scan image done at our clinic on a patient during a treatment session



• Injections to joints and muscles under ultrasound scan guidance and administered by a highly trained extended scope practitioner physiotherapist (ESP)

"Diagnosis was spot on. Treatment plan was appropriate and pitched exactly to what was needed, gradual phase back in to exercise was discussed and the sports injury is now resolved- Thank you!" - **C T** 

## **EalingPhysio**

### Why Ealing Physio?

Highly skilled and specialist clinical team using advanced 'Hands-on' Manual therapy and where necessary Electrotherapy treatments

Well equipped clinic to provide strength training using weights, gym balls and balance boards

Acupuncture and Electro-acupuncture where appropriate to complement physiotherapy and rehabilitation

Sport specific rehabilitation and home exercise programs

Biomechanical analysis of running injuries through Functional Movement Screenings

**Orthotic Prescription** 

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